

# The Effectiveness of English Day Program to Improve the Students Speaking Ability at Senior High School Zainul Hasan 1 Genggong

# Jumroatul Lailia Ningsih<sup>1</sup> Mamlu'atun Ni'mah<sup>2</sup> Beny Hamdani<sup>3</sup>

Tadris Bahasa Inggris, Universitas Islam Zainul Hasan Genggong, Kabupaten Probolinggo, Provinsi Jawa Timur, Indonesia<sup>1,3</sup>

Pendidikan Bahasa Arab, Universitas Islam Zainul Hasan Genggong, Kabupaten Probolinggo, Provinsi Jawa Timur, Indonesia<sup>2</sup>

Email: <u>lailianingsih@gmail.com</u><sup>1</sup> <u>luluknikmahasa@gmail.com</u><sup>2</sup> benyhamdani.ieltts9.consultation@gmail.com<sup>3</sup>

#### **Abstract**

English day is a daily program where this activity is carried out every day for a month in order to determine the effectiveness or development of speaking in the rest of class XI at Senior High School Zainul Hasan 1 Genggong High. The purpose of this study is 1)To determine the fluency of students' speaking in the eleventh grade before the English Day program. 2)To familiarize students with speaking English every day in class. 3)To improve the speaking of students in the eleventh grade by using tool speaking fluency, memorize vocabulary, spel pronounciation, story telling. The research method used by the researcher is a qualitative method. Data collection techniques used in the study were in-depth interviews, observation, and documentation. The data validity technique uses the alternative hypothesis and the zero hypothesis. The data analysis technique uses questionnaires and tests. The results of this study indicate that the English Day program is very influential in improving students' speaking.

Keyword: Effectiveness, English day program, Students Speaking Ability

### **Abstrak**

English day merupakan program harian dimana kegiatan ini dilakukan setiap hari selama satu bulan dalam rangka mengetahui efektifitas atau perkembangan speaking pada siswa kelas XI selebihnya di SMA Zainul Hasan 1 Genggong. Tujuan dari penelitian ini adalah 1)Untuk mengetahui kelancaran berbicara siswa di kelas sebelas sebelum program English Day. 2) Membiasakan siswa berbicara bahasa Inggris setiap hari di kelas. 3) Untuk meningkatkan kemampuan berbicara siswa di kelas sebelas dengan menggunakan alat kelancaran berbicara, menghafal kosa kata, pengucapan ejaan, bercerita. Metode penelitian yang digunakan oleh peneliti adalah metode kualitatif. Teknik pengumpulan data yang digunakan dalam penelitian ini adalah wawancara mendalam, observasi, dan dokumentasi. Teknik validitas data menggunakan hipotesis alternatif dan hipotesis nol. Teknik analisis data menggunakan angket dan tes. Hasil penelitian ini menunjukkan bahwa program English Day sangat berpengaruh dalam meningkatkan kemampuan berbicara siswa.

Kata Kunci: Keefektifan, English day program, Meningkatkan berbicara siswa



This work is licensed under a Lisensi Creative Commons Atribusi-BerbagiSerupa 4.0 Internasional.

## INTRODUCTION

Mastering English is very important for certain group of people in their life since English is an international language that is used almost in every part of the world. Learning English as language requires the mastery of four skills. They are listening, speaking, reading, and writing. Speaking is one of the important skill for them to practice their capability and their understanding, how to send idea, and how to spell word well. There are several essential components of speaking skill. (Brown 2001) states that the speaking skill consist of six components: grammar, vocabulary, fluency, comprehension, pronunciation and task. In this case the students' motivation and interest are very needed to make the process of their understanding more easily.





Furthermore, speaking is a skill that needs practices. The more students practice through sharing their idea, they will become the better speaker. In addition (Davison and Dowson 2009) say that pupils need opportunities to speak and listen in a wide variety of context and for a wide range of purpose, in order to increase their thinking ability to develop their powers of communication and to provide examples of language in use through which to develop their explicit knowledge about speaking and listening.

To make the students have strong interest in teaching and learning process especially in learning speaking, the teacher should take the best approach, method, and strategies. Then the teacher can use media in teaching English, method is used to help the students for speaking to make interaction between the teacher and students. Furthermore, the teacher has to prepare the interested aids before teaching learning process done. (Harmer, J, 1993) states "Motivation means a kind of drive that encourages somebody to pursue a course action". It should be done by every English teacher in order that the students are interested to learn this language. English teacher must be able to manage the teaching by using certain method in the teaching-learning process, so that the students will like it without boring and despair.

The reason why I chose research at Senior High School Zainul Hasan 1 Genggong, Based on the results of interviews conducted by the author with English teachers at Senior High School Zainul Hasan 1 Genggong namely (Diaz Kanzah S.Pd 2021) we can know many things that the Senior High School Zainul Hasan 1 Genggong is still under the auspices of the Zainul Hasan Genggong Islamic Boarding School. that is the male and female students are separated. between male and female students are separated by their respective school buildings. female students are located in the courtyard of the Zainul Hasan Genggong Islamic boarding school, while the male students are located in the courtyard building of the Zainul Hasan 1 Genggong High School, at Zainul Hasan 1 Genggong High School, there are two majors, namely Natural Sciences (IPA) and Social Sciences (IPS). each department has its own advantages. As for the various classes in Senior High School Zainul Hasan 1 Genggong. That is the tenth grade has 8 classes, which is divided by 4 science classes and 4 social studies classes, the eleventh class also has 8 classes which are divided into 4 science classes and 4 social studies classes, as well as the twelfth class which also has 8 classes which are divided into 4 classes in science and 4 classes in social studies. From the interviews I got, we can see that at Zainul Hasan 1 Genggong High School is a pretty good and well-known school. we can see that in Senior High School Zainul Hasan 1 Genggong also has two majors in science and social studies, which is still under the auspices of the Zainul Hasan 1 Genggong Islamic boarding school.

From the results of (observations 2021) made by researchers at Senior High School Zainul Hasan 1 Genggong on November 14, 2021. The author can tell from the explanation above that Senior High School Zainul Hasan 1 Genggong is still under the auspices of the Islamic Boarding School Zainul Hasan Genggong. and from the results of interviews with English teachers at Senior High School Zainul Hasan 1 Genggong, we can find out that students' interest in learning English is minimal and extra education is needed in English lessons. Therefore, Senior High School Zainul Hasan 1 Genggong has organized a special program for English lessons called "English Day". where English all students are required to follow the program. male and female students. The program is carried out in the morning. at 06.30-07.00 for one week except on holidays on Friday. The program is managed by the English teacher herself, namely is Mrs. Diaz Kanzah. The teacher used the half hour to improve English at Senior High School Zainul Hasan 1 Genggong. The learning process in the English Day program includes speaking, listening, reading and writing. the learning process is like a teacher giving a text to a student and telling him to go ahead and read the ex. as for other processes such as increasing vocabulary and memorizing vocabulary.



Therefore, the purpose of this study is to examine the English day program and focus on the effectiveness of students' speaking skills. which is the author's benchmark that the English Day program can improve the speaking skills of class XI students use class XI science 1 male and XI science 2 male as the research sample which amounted to XI science 1 male 17 students and XI science 2 female 23 students. The subjective of this study were elevent grades Senior High School Zainul Hasan 1 Genggong, while the object was this research is the effect of English day Program on student's speaking ability.

The author places more emphasis on the process of improving students' speaking skills because speaking in English is one of the important things for students to know. because if we are fluent in English, then we will understand the language spoken by our interlocutor.

## **English Day Program**

English day is a program to train and familiarize the use of English in daily activities. Where requires the participants to speak English within the agreed time. Participants may not use a language other than English during English day. (Hornby, A,S 2000) said that theoretically education is a system of training and instruction designed to give knowledge and develop skills. English day program also a system of training to give knowledge about English components. In English day program there are some activities, such as debate, speech, poem, singing, drama. The students should be able to express their skill in speech, debate, poetry, song and drama to enrich the purpose of English day. (Brown, H. Douglas, 1994) said that most of efforts of students in oral production come into the form of conversation or dialogue and implement techniques in interactive classroom. According to Torndike in (Mustagim.H.Drs, 2001) law of exercise or law of use law of disuse Relationship between stimulus and responds will increase strength if they are often used or trained and will decrease, even vanish at all if they are seldom used or have never at all. Burghardt in Syah also stated that a habit is arising from decrease of response process by using stimulation which repeatedly. Based on the theory, the writer assumes that English day is able to increase students' capability because English day program is as stimulus that is given by the teacher to increase students capability in speaking.

# **Speaking Ability**

Speaking ability has an important role in acquiring language in EFL. As (Krashen 2013) stated speaking included into acquisition-learning hypothesis. In acquisition-learning hypothesis consist of two very different ways in developing the ability, acquire language and learn language. In language acquisition, it occurs subconsciously while in language learning is consciously. It means that speaking ability is acquiring language not learning language that directly on understanding the message. Similarly, (Byrne in Asrida 2005) explained that in language learning context, developing the ability to use a language means mastering the system of the grammatical structure of the language it self, acquiring its structure within the general vocabulary of normal communication among native speaker at conversation among native speaker at conversation space.

## **METHOD**

This researchers employed a qualitative method. This method is very suitable in research on developing students' speaking ability. It is also useful to obtain an in-depth data and understand a particular phenomenon (Preissle, 2002). In addition, Cresswell (2008) defines a qualitative study as an inquiry process of understanding a social or human problem, based on building a complex, holistic picture, forms with words, reporting details views of informants, and conduct in natural setting. This Researchers was conducted at Senior High School Zainul



Hasan 1 Genggong. Senior High School Zainul Hasan 1 Genggong is located in the Islamic Boarding School of Zainul Hasan Genggong Pajarakan Probolinggo. It is done from October to November 2021 (School Year 2020/2021). The subjective of this study were elevent grades Senior High School Zainul Hasan 1 Genggong, while the object was this research is the effect of English day Program on student's speaking ability.

The goal of experimental research was to test hypothesis to establish cause and effect relationships. The overarching purpose of experimental research is to determine whether a particular approach or way of doing something is "better" than the "older" or more traditional approach that has served as the standard practice (Lodico et al, 2006). This design involved one group as pre-test, exposed to treatment and post-test.

#### FINDING AND DISCUSSION

# **Data Description**

Based on data analysis technique, the researcher did several steps. First, the questionnaires, pre test and post test. were distributed to 40 students. This questionnaire is composed of 5 questions. It is divided into three section. The frist section we collected the information about the students' gender and age. The second section contains the pre-test and post-test, where the result of the pre-test and post-test are taken from the results of research at the time of learning in speaking fluency, memorize vocabulary, spel pronounciation and story telling.

#### 1. Section one collect information the student

Gender

Table 1: Students' Gender

Gender	Number of students
Male	17
Female	23
Total	40

The table shows that 17 of students are male while 23 female. The purpose of this question is to know who prefers using English day program at elevent grade senior high school Zainul Hasan 1 Genggong to improve speaking ability.

### Age

**Table 2: Students Age Distribution** 

14010 21 044440110 1180 2104110 441011				
Age	17 year	18 year	Total	
Number	12	28	40	

Based on the table 2, we can shows that 12 students are 17 years old and about 28 students are 18 years old. So, we concluded that no students above 18 years old.

#### 2. Pre-Test Post-Test in class

Table 3: Pre-Test Post-Test in class

Tubic bille lebel obt lebeli class				
Tools Used	Pre-Test score	Post-Test score		
Speaking Fluency	25	80		
Memorize Vocabulary	35	75		
Spel Pronounciation	20	80		
Story Telling	40	85		



From table 3, we can see a significant difference between before the English Day Program was held and after the English Day Program was held. test results from speaking fluency from pre-test results 25 to 80 in post-test results, memorizing vocabulary from pre-test results 35 to 75 in post-test results, spel pronunciation from pre-test results from 20 to 80 in post-test results and story telling from the pre-test result of 40 to 85 in the post-test result. there is already a difference. Therefore, we can find out how effective this English program can make changes to the eleventh graders at Senior High School Zainul Hasan 1 Genggong.

## **CONCLUSSION**

Based on research and discussion about the English day program that has been carried out at senior high school Zainul Hasan 1 Genggong, taking samples in the eleventh grade, totaling 40 students with male and female gender, using a qualitative method using pre-test and post-test with Using speaking fluency, memorizing vocabulary, spelling pronunciation, story telling, we can find out the difference between before the English Day program was held and after the English Day program was held. Based on the findings, higher than that means the use of the English Day program is more effective in students' speaking mastery. It can be seen from the students means the score. Moreover, it can happen because students are happy with various activities such as memorizing vocabulary in class. So, students can improve their vocabulary mastery.

#### **ACKNOWLEDGEMENTS**

The author would like to thank Mrs. Dr. Mamluatun Ni'mah, M.Pd as Advisor 1 and Mr. Beni Hamdani, M.Pd as Advisor 2 who always provides guidance, advice, and motivation to the author so that this research is completed properly.

## **REFERENCES**

- Brown, H. Douglas, 1994, *Teaching by Principles*. New Jersey: Prentice Hall Ryents Englewood Cliffs.
- Brown, H.D. 2001. *English Language Teaching*. Teaching by Principles: An Interactive Approach to Language Pedagogy. San Francisco: Longman.
- Creswell, J.W, 2015, and Clark, V.L.P, *Karma Yontem Arastirmalari Tasarimi ve Yurutulmesi* Y.Dede ve S.B.Demir,Cev Ed, 2015, Ankara: Ani Yayincilik.
- Davidson and Dowson. 2009 *English Language Teaching*. Learning to Teach English in the Secondary School: A Comparison to School Experience Learning to Teach Subjects in the Secondary School Series, UK: Routledge.
- Deni Asrida, 2005, "Motivational Problems Faced by Non English Department Students in Speaking English".
- Harmer, J, 1993 English Language Teaching. The Practice of English Language Teaching, New York: Longman. 1993.
- Hornby, A.S, 2000, Oxford Advanced Learners Dictionary of Current English, Oxford: Oxford Universityss.
- Krashen, S, 2013 Second Language Acquisition and Second Language Learning, Oxford: Pergamon Press.
- Mrs Diaz Kanzah. M.pd at 14 November 2021, Interview with the teacher English Senior High School.
- Mustaqim.H.Drs. 2001 Psikologi Pendidikan. Semarang: Pustaka Pelajar.
- Senior High School Zainul Hasan 1 Genggong, Observation at 14 November 2021